



Westridge Newsletter

February 2024



Dates to Remember:

February 9-No school K-12

February 14- Valentine's Day

Wear Red, White, & Pink and
Room Parties

February 22 & 23-No school
K-12

Contact us by email :



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February 17th is National Random Acts of Kindness Day

Here are some examples of things you could do that day or any day:

- Let someone cut in line in front of you
- If there is trash on the ground pick it up and throw it in the garbage can
 - Compliment someone
- Bake the neighbors cookies
 - Sharing toys

February is Childrens Dental Health Awareness Month

Here are a few dental health tips for your children:

- Brush twice a day for 2 minutes at a time
- See the dentist every 6 months
- Get a new toothbrush every 3-4 months
- Eat healthy snacks, try to stay away from sugar.